

Udah za baš dobar osećaj!

CENOVNIK

INSPIRIUM  
wellness centar

PRICE LIST

Take a breath for a really good feel!

# INSPIRIUM



## MASSAGES

# MASAŽE



### TRETMANI INSPIRIUM INSPIRIUM TREATMENTS

Žalfija, kantarion, matičnjak, bor...  
U našim tretmanima bilje iz srca Zlatibora da dušu leči, a telo oporavi.

Sage, St. John's wort, pine... Herbs in our treatments from the heart of Zlatibor for the healing of soul and body recovering.

Inspirium anti-stres tretman Planinski mir  
Inspirium anti-stress treatment Mountain peace 80 min 5.900

Inspirium tretman tela sa medom, kozjim mlekom i biljem  
Inspirium body treatment with honey, goat milk and herbs 45 min 4.200

Inspirium masaža Medna borovina  
Inspirium Pine Honey massage 80 min 4.500

Inspirium masaža  
Inspirium massage 70 min 4.200

Inspirium piling celog tela biljem u uljima  
Inspirium whole body scrub with herbs in oils 30 min 2.500

### MASAŽE DODIROM DO ZDRAVLJA A HEALING TOUCH MASSAGES

Terapeutska masaža uz oblogu mineralnim blatom celo telo  
Therapeutic full body massage with mineral mud mask 60 min 4.000

Terapeutska masaža uz oblogu mineralnim blatom deo tela (leđa ili noge)  
Therapeutic partial body massage (back or legs) with mineral mud mask 30 min 2.400

Relax masaža deo tela (leđa/noge)  
Partial relax massage (back/legs) 30 min 2.000

Aroma-relax deo tela (leđa/noge)  
Aromatic oils-partial relax massage (back/legs) 30 min 2.300

Relax masaža celo telo  
Full body relax massage 60 min 3.600

Aroma-relax celo telo  
Aromatic oils-full body relax massage 60 min 3.900

Aroma sense - leđa, lice, glava  
Aroma sense - back, face & head 40 min 2.700

MASSAGES

# MASAŽE



## MASAŽE DODIROM DO ZDRAVLJA A HEALING TOUCH MASSAGES

Sportska masaža parcijalno  
Partial sports massage

20 min 2.000

Sportska masaža celo telo  
Full body sports massage

40 min 3.500

Anti-celulit masaža  
Anti-cellulite massage

30 min 2.300

Limfna drenaža  
Lymph drainage

30 min 2.100

Refleksoterapija stopala  
Foot reflexology

30 min 2.000

Masaža za trudnice  
Pregnancy massage

30 min 1.800

MASSAGES

# MASAŽE



## MASAŽE DELUXE DELUXE MASSAGES

Kraljica - masaža celog tela uz istovremenu negu lica  
The Queen - full body massage with simultaneous facial care

70 min 6.000

Putovanje kralja - penušavo čišćenje tela i masaža u 4 ruke  
Journey of the king - foamy body cleansing & 4 handed massage

70 min 5.900

Kraljevska relax masaža celog tela u 4 ruke  
Royal full body four handed massage

45 min 5.000

Himalaya masaža sa himalajskim solima  
Massage with Himalayan salts

70 min 4.800

Udvertana masaža biljem u ulju  
Udvertana full body massage with herbs in oil

40 min 3.300

Energična sportska masaža u 4 ruke  
Energetic sports four handed full body massage

30 min 4.000



# AYURVEDA



## FACE AND BODY CARE NEGA LICA ITELA



AYUR = ŽIVOT    VEDA = SPOZNAJA  
AYUR = LIFE    VEDA = SCIENCE OR KNOWLEDGE

Holistička masaža - kombinacija više tehnika individualno prilagođenih upravo Vama  
Holistic massage using different techniques adjusted to You

90 min	5.000
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Ajurvedska masaža - smirite uznemireno i probudite uspavano, setite se sebe  
Ayurvedic massage - calm down the Tensed and awake the Sleeping in You: remember Yourself

90 min	4.500
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Pinda Sweda - masaža toplim biljnim vrećicama  
Pinda Sweda massage with warm herbal pillows

70 min	4.800
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Ampuku stomaka - masaža za stimulaciju metabolizma  
Ampucoo- stomach massage for stimulation of metabolism

20 min	2.000
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Ajurvedska masaža glave  
Ayurvedic head massage

20 min	1.200
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Masaža glave + ampuku  
Ayurvedic head massage & ampucoo

30 min	2.900
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SAMO ČISTA KOŽA JE ZDRAVA I LEPA  
ONLY CLEAN SKIN IS HEALTHY & BEAUTIFULL

Higijenski tretman - klasično čišćenje  
Hygienic treatment - classical cleansing

90 min	4.000
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Kozmetička masaža lica  
Cosmetic facial massage

20 min	1.000
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# PEVONIA BOTANICA



## FACE TREATMENTS TRETMANI LICA



### PREMIUM TRETMANI LICA PREMIUM FACE TREATMENTS



Dubinsko čišćenje lica Pevonia  
Deep cleansing enzyme facial

30 min 2.500

"C & Sea" osvežavajući tretman sa vitaminom C i morskim algama  
"C & Sea" Refreshing treatment with vitamin C & Sea algae

60 min 5.200

Escutox-prirodni botox  
Escutox-Natural botox

60 min 6.000

Tretman sa kolagenom i kavijarom za dubinsku hidrataciju  
Treatment with collagen and caviar for in-depth hydration

60 min 5.200

Tretman sa DNK polipeptidima za prve znakove starenja kože  
DNA polypeptide treatment for the skin with first signs of aging

60 min 5.200

Plantomer tretman za vitalnost i regeneraciju kože  
Plantomer treatment for skin regeneration & vitality

60 min 5.200

Tretman sa elastinom za tonus i čvrstinu kože  
Skin tone and firmness improvement elastane treatment

60 min 5.200

Tretman protiv slobodnih radikala  
Anti-free radicals treatment

60 min 6.500

Rozacea Tretman za preosetljivu i nadraženu kožu  
Rosacea treatment for hyper-sensitive and irritated skin

60 min 5.800

Tretman za zonu oko očiju  
Eye zone care treatment

25 min 2.000



**pevonia**  
Natural ingredients. Professional results.



## FACIAL TREATMENTS

# TRETMANI LICA



### LUKSUZNI TRETMANI LICA LUXURIOUS FACIAL TREATMENTS

Myoxy Caviar tretman  
Treatment with strong caviar extract

60 min 8.200

Tretman sa kavijarom za muškarce  
Skin Fit Caviar for Men

60 min 7.000

Lumafirm tretman za lifting i sjaj  
Lumafirm Lift & Glow treatment

60 min 6.500



## BODY TREATMENTS

# TRETMANI TELA



### RITUALI NEGE KOŽE UZ POMOĆ PRIRODE SKINCARE RITUALS INSPIRED BY NATURE

Spoj toplote, pare i nezaboravnih aroma za duboko opuštanje čula!  
A fusion of heat, steam and memorable scents for deep relaxation!

Tropska oaza sa papajom i ananasom  
Tropical Oasis with pineapple & papaya

40 min 4.500

Tropski piling za sjaj kože  
Tropical peeling for skin glow

30 min 4.300

Vodeni ljiljan tretman nakon izlaganja suncu  
Water-lily treatment after-Sun treatment

30 min 3.200

Vodeni ljiljan i kamilica tretman za trudnice  
Water-lily & Camomile pregnancy treatment

30 min 3.000

Jasmin i lavanda masaža sa pilingom  
Jasmine & Lavender body scrub massage

50 min 4.900

Breskva i vanila masaža sa pilingom  
Peach & Vanilla body scrub massage

50 min 4.900



# AROMA HERBAL



## TRETMANI TEĻA AROMATIČNIM BILJEM BODY TREATMENTS WITH AROMATIC HERBS

Mediteran tretman - lavanda, maslinovo ulje i morske alge  
Mediterranean treatment - lavender, olive oil & sea algae

45 min 4.100

Limun-trava piling sa ši buter i makom  
Lemon-grass scrub with shea butter & poppy seed

30 min 2.600

Malina piling  
Raspberry scrub

30 min 2.700

Mango fantazija  
Mango fantasy

30 min 3.000

# ANTI-CELLULITE DETOX ANTICELULIT DETOX



## TRETMANI ZA INTENZIVNO ZATEZANJE KOŽE BODY LIFTING TREATMENTS

Anti-celulit masaža  
Anti-cellulite massage

30 min 2.200

Anticelulit masaža + pakovanje algama + parna  
kapsula + Vichy shower  
Anti cellulite massage + algae body pack + steam  
cabin + Vichy shower

50 min 3.600

Intenzivni anticelulit tretman sa koncentratom zelene kafe  
Intensive anti-cellulite treatment with green coffee extract

50 min 6.000



STEAM BATH

# PARNO KUPATILO



HEALTH COCOON

# KAPSULA ZDRAVLJA



Para i toplota saune su prava prilika da očistite i nahranite kožu najdragocenijim darovima iz prirode.

Sauna time is perfect opportunity to clean and nourish your skin with the most precious gifts of nature.

Mango obloga  
Mango mask 480

Čokolada obloga  
Chocolate mask 480

Medno-uljana obloga  
Honey & oil mask 280

Kakao-buter piling  
Cocoa-butter scrub 410

Tamna čokolada piling  
Dark chocolate scrub 380

Spermint piling  
Spearmint scrub 360

Jasmin piling  
The Jasmine scrub 400

Šumsko voće piling  
Forest fruits scrub 400

Jedinstveni multifunkcionalni uređaj širokog spektra delovanja od anti-stres do analgetske terapije, protivupalne...  
Intenzivna detoksikacija!

neoQi

Unique multifunctional device with a wide range of effects from anti-stress to analgesic therapy, anti-inflammatory... Intensive detoxification!

Infracrvena sauna (IR) + Vichy tuš  
Infra-red sauna (IR) + Vichy shower 20 min 800

Parna kapsula sa Aroma-terapijom + Vichy tuš  
Steam cabin with aromatherapy & Vichy shower 20 min 800

IR sauna + Vichy tuš sa vibromasažom + parna kapsula sa aromaterapijom  
IR sauna + Vichy shower with vibrational massage + Steam cabin with Aroma Therapy 30 min 1.500





BATHS

KUPKE



POSEBNE KUPKE UZ HIDROMASAŽU  
SPECIAL BATHS WITH HYDROMASSAGE

Kupka u rastvoru čistih morskih algi  
Algae Bath

15 min 1.400

Kupka sa morskom solju  
Sea salt bath

15 min 900

Kupka sa medom, mlekom i maslinovim uljem  
Honey, milk & olive oil bath

15 min 1.500

Biljna mešavina za detoksikaciju  
Herbal mix detox bath

15 min 900

Kupka sa eteričnim uljima za negu i relaksaciju  
Aroma care & relax oil bath

15 min 950



ADDITIONAL SERVICES

DODATNE  
USLUGE



NEKA VAŠA LEPOTA BUDE POTPUNA!  
FINAL TOUCH FOR YOUR BEAUTY!

Profesionalno šminkanje  
Professional Make-up

30 - 40 min 2.500

Korekcija obrva  
Eyebrow correction

10 min 400

Depilacija nausnica  
Upper lip hair removal

10 min 400

Lakiranje noktiju  
Nail polish

15 min 400

Parafinsko pakovanje  
Paraffin hand spa

15 min 500

Pedikir  
Pedicure

60 min 3.000

Manikir  
Manicure

45 min 2.000

Trajni lak  
Gel nail polish

+15 min 1.000

## KORIŠĆENJE SADRŽAJA ZA VANHOTELSKJE GOSTE

obavezna najava termina

### USE OF SERVICES FOR NON-HOTEL GUESTS

services should be booked in advance

Inspirium ulaznica za odrasle (bazen, fitnes, sauna) Inspirium adult day pass (swimming pool, jacuzzi, gym, saunas)	3 h	1.500
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Inspirium ulaznica za decu (5-16 godina starosti)* Inspirium children's day pass (5-16 years old)*		600
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\* Uz obavezno prisustvo korisnika Inspirium ulaznice za odrasle.

\* Presence of the adult ticket user is required.

Korišćenje bazena za korisnike masaža/tretmana Use of swimming pool for users of massage/treatment	90 min	800
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Fitness sala mesečno članstvo (16 termina) Gym / per month (16 appointments)		2.600
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Fitness centar / dnevna karta Gym / daily use	2 h	500
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Zakup Wellnessa do 2 h (grupa do 40 korisnika) Rent of Wellness Center / up to 2 hours (max. 40 people)	2 h	35.000
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Obavezno osiguranje za vanhotelske Goste korisnike sadržaja / usluga Necessary insurance for Outside Hotel Guests		30
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## KORIŠĆENJE SAUNA ZA HOTELSKJE GOSTE

### USE OF SAUNAS FOR HOTEL GUESTS

Sauna svet za hotelske goste – doplata na dnevnom nivou Van sezone / u sezoni The Sauna world extra charge for hotel guests Low season / high season		300 / 450
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## SPORTSKI REKVIZITI - IZNAJMLJIVANJE

### SPORT EQUIPMENT - RENT

Bicikla Bicycle	1 h	300	2 h	500	8 h	1.000
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Štapovi za nordijsko hodanje Nordic walking poles					1 h	200
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#### Korisno je znati:

Hotelski gosti dolaze u velnes centar obučeni u bade mantile iz sobe, a u centru dobijaju peškiri.

Zamena bade-mantila se doplaćuje - 600 dinara.

Vanhotelske goste očekuju peškiri, papuče (odrasli) i bade mantil (odrasli).

Sve usluge je neophodno rezervirati.

U okviru velnes centra "Inspirium" postoji i "Vital Bar", gde se možete osvežiti uz sveže ceđene i zdrave napitke.

Tu smo da Vam pomognemo da odaberete usluge u skladu sa Vašim potrebama!

Kako je naš velnes centar mesto mira i opuštanja tela i duha, molimo Vas da poštujuete privatnost i komfor drugih gostiju. Kućni bon-ton postoji upravo zbog Vas!

#### Good to know:

For hotel guests the bathrobe is available in the room.

A towel is provided in the wellness center.

Should you need to replace the bathrobe, an extra charge will occur - 600 RSD.

For non-hotel guests a towel, slippers (adults) and a bathrobe (adults) are provided in the wellness center.

All services need to be booked in advance.

Within the Wellness center there is a "Vital bar", where you can get some freshly squeezed juice and healthy drinks.

We are here to help you choose the services according to your needs!

As our wellness center is a place of peace and relaxation for body, mind and soul, we kindly ask you to respect the privacy and comfort of our other guests.

The wellness etiquette guidelines are created for your pleasant stay with us.

## INSPIRIUM WELLNESS CENTAR

Radno vreme od 8 do 22h / petkom, subotom i u sezoni do 23h

Hotel Zlatibor Mona  
Miladina Pećinara 26, 31315 Zlatibor  
Tel: 031/841-190

 [monawellness.com](http://monawellness.com)

 Wellness Centar INSPIRIUM



MONA HOTEL MANAGEMENT