

Udah za baš dobar osećaj!

CENOVNIK

INSPIRIUM
wellness centar

PRICE LIST

Take a breath for a really good feel!

INSPIRIUM



MASSAGES

MASAŽE



TRETMANI INSPIRIUM INSPIRIUM TREATMENTS

Žalfija, kantarion, matičnjak, bor...
U našim tretmanima bilje iz srca Zlatibora da dušu leči, a telo oporavi.

Sage, St. John's wort, pine... Herbs in our treatments from the heart of Zlatibor for the healing of soul and body recovering.

Inspirium anti-stres tretman Planinski mir

Inspirium anti-stress treatment Mountain peace

80 min 5.900

Inspirium tretman tela sa medom, kozijim mlekom i biljem

Inspirium body treatment with honey, goat milk and herbs

45 min 4.500

Inspirium masaža Medna borovina

Inspirium Pine Honey massage

80 min 4.500

Inspirium masaža

Inspirium massage

70 min 4.200

Inspirium piling celog tela biljem u uljima

Inspirium whole body scrub with herbs in oils

30 min 2.800

MASAŽE DODIROM DO ZDRAVLJA A HEALING TOUCH MASSAGES

Terapeutska masaža uz oblogu mineralnim blatom celo telo (40 min masaža + 20 min peloidoterapija)

Therapeutic full body massage with mineral mud mask

60 min 4.500

Terapeutska masaža (leđa ili noge) uz oblogu mineralnim blatom deo tela (20 min masaža + 20 min peloidoterapija)

Therapeutic partial body massage (back or legs) with mineral mud mask

40 min 2.700

Relax masaža deo tela (leđa/noge)

Partial relax massage (back/legs)

30 min 2.100

Aroma-relax deo tela (leđa/noge)

Aromatic oils-partial relax massage (back/legs)

30 min 2.400

Relax masaža celo telo

Full body relax massage

60 min 3.700

Aroma-relax celo telo

Aromatic oils-full body relax massage

60 min 3.900

Aroma sense - leđa, lice, glava

Aroma sense - back, face & head

40 min 2.800

Doplata za aplikaciju terapijskog mineralnog blata celo telo / deo tela
Extra charge for the application of mineral mud

1.700 / 850

MASSAGES

MASAŽE



MASAŽE DODIROM DO ZDRAVLJA A HEALING TOUCH MASSAGES

Sportska masaža parcijalno
Partial sports massage

20 min 2.100

Sportska masaža celo telo
Full body sports massage

40 min 3.700

Anti-celulit masaža
Anti-cellulite massage

30 min 2.400

Limfna drenaža
Lymph drainage

30 min 2.200

Refleksoterapija stopala
Foot reflexology

30 min 2.500

Masaža za trudnice
Pregnancy massage

30 min 1.800

Udvertana masaža biljem u ulju
Udvertana full body massage with herbs in oil

40 min 3.600

MASSAGES

MASAŽE



MASAŽE DELUXE DELUXE MASSAGES

Kraljica - masaža celog tela uz istovremenu negu lica

The Queen - full body massage with simultaneous facial care 70 min 6.000

Kanabis ritual zdravlja
Cannabis health ritual

80 min 7.000

Putovanje kralja - penušavo čišćenje tela i masaža u 4 ruke

Journey of the king - foamy body cleansing & 4 handed massage 70 min 5.900

Kraljevska relax masaža celog tela u 4 ruke

Royal full body four handed massage 45 min 5.000

Himalaya masaža sa himalajskim solima

Massage with Himalayan salts 70 min 5.200

Jasmin i lavanda masaža sa pilingom

Jasmine and Lavender body scrub massage 50 min 4.900

Breskva i vanila masaža sa pilingom

Peach and Vanilla body scrub massage 50 min 4.900

AYURVEDA



AYUR = ŽIVOT VEDA = SPOZNAJA
AYUR = LIFE VEDA = SCIENCE OR KNOWLEDGE

Holistička masaža - kombinacija više tehnika individualno prilagođenih upravo Vama

Holistic massage using different techniques adjusted to You 90 min 5.000

Ajurvedska masaža - smirite uznemireno i probudite uspavano, setite se sebe

Ayurvedic massage - calm down the Tensed and awake the Sleeping in You: remember Yourself 90 min 5.200

Ampuku stomaka - masaža za stimulaciju metabolizma

Ampucoo- stomach massage for stimulation of metabolism 20 min 2.000

Ajurvedska masaža glave

Ayurvedic head massage 20 min 1.200

Masaža glave + ampuku

Ayurvedic head massage & ampucoo 30 min 2.900

FACIAL CARE

NEGALICA



SAMO ČISTA KOŽA JE ZDRAVA I LEPA
ONLY CLEAN SKIN IS HEALTHY & BEAUTIFULL

Higijenski tretman - klasično čišćenje

Hygienic treatment – classical cleansing 60 - 90 min 4.000

Kozmetička masaža lica

Cosmetic facial massage 20 min 1.000



PHYT'S
NATURO-ESTHETIQUE

INTENSIVE FACE CARE INTENZIVNA NEGALICA



ANTI-AGE FACIAL CARE ANTI-AGE NEGALICA



NESAVRŠENOSTI NA LICU? IMAMO PRAVO REŠENJE!
BALANCING IMPERFECTION TREATMENTS



Tretman za hidrataciju i ishranu
EQUILIBRE NOURISHING

60 min 5.200

Tretman za rešavanje crvenila i reaktivnosti kože
REPAIR REDNESS CAPYL

60 min 5.200

Tretman sa kiseonikom za sjaj kože i uklanjanje tragova umora uz anti-age efekat
ENERGY VITAL Oxygenating Facial

45 min 5.200

Tretman za negu i matiranje masne i kombinovane kože
AROMACLEAR Purifying Facail

60 min 5.800

Tretman za osetljivu kožu
SENSI PHYTS Soothing Hypoallergenic Facial

60 min 5.800

Tretman za intenzivnu hidrataciju
AQUA PHYTS Intensive Hydrating Facial

75 min 6.700

Tretman sa elastinom za tonus i čvrstinu kože
Skin tone and firmness improvement elastane treatment

75 min 6.800

Tretman za očnu regiju

PHYTS SUBLIME EYE Targeted Eye Area Facail

40 min 3.900

Tretman za kožu sa ranim znacima starenja

OLIGO VITAL - Mineral Replacement Treatment

75 min 5.900

Vitaminski anti-age tretman za izuzetno zrelo kožu

MULTI VITA PHYTS - Multi Vitamin Facial

90 min 7.000

Luksuzni anti age tretman

PHYTS PANACEE - Global Anti-Age

90 min 12.500



MEDICAL FACIALS

MEDICINSKI TRETMANI I LICA



MEDICINSKA KOZMETIKA
MEDICAL COSMETICS



Tretman dubinskog čišćenja sa voćnim kiselinama
Deep Cleansing fruit acids treatment

60 min 4.800

Tretman jačanja osetljive kože
Desenzibilization treatment

60 min 4.800

Tretman očuvanja mladosti
Youth Preserve treatment

60 min 5.200

Tretman za kožu sa flekama i hiperpigmentacijama
Fair Complexion treatment

60 min 4.900

Tretman za preoblikovanje kontura i popravljanje tonusa kože
Contour Lift treatment

60 min 5.500

Tretman sa vitaminom A (retinolom) i peptidima bakra
Advanced Lift Therapy treatment

60 min 6.500

Tretman za oporavak kože
BI Phase Neurogenetics recovery skin treatment

60 min 6.000

BODY RITUALS BY PHYT'S

PHYT'S RITUALI



MASAŽE UZ NEGU TELA ZA POTPUNO OPUŠTANJE
AROMAMA PROVANSE
MASSAGE AND BODY SKINCARE FOR COMPLETE
RELAXATION WITH AROMAS OF PROVANCE



Ritual Balada Provance sa uljem lavande i kajsije
Balade de Provance with lavender and apricot oils

90 min 5.700

Ritual sa kokosovom pulpom, ši buterom i kakao maskom za telo
Coco & Karite with coconut, shea butter and cacao linen

90 min 6.200

Ritual sa aromama limuna, mandarine, pomorandže i limunove trave
Energisante with citrus

90 min 4.900



BODY TREATMENTS

TRETMANI TELA



AROMA HERBAL



NEGA KOŽE UZ POMOĆ PRIRODE
SKINCARE INSPIRED BY NATURE

Tropska oaza sa papajom i ananasom
Tropical Oasis with pineapple & papaya

40 min 4.500

Vodeni ljljan tretman nakon izlaganja suncu
Water-lily treatment after-Sun treatment

30 min 3.200

Vodeni ljljan i kamilica tretman za trudnice
Water-lily & Camomile pregnancy treatment

30 min 3.000

TRETMANI TELA AROMATIČNIM BILJEM
BODY TREATMENTS WITH AROMATIC HERBS

(((AROMA HERBAL)))
PASSION FOR THE AUTHENTIC

**De luxe tretman sa uljem kanabisa - za ishranu ekstremno suve
kože i sprečavanje gubitka tonusa kože**
De luxe treatment with cannabis oil - for nourishment of
extremely dry skin and prevention of skintone loss

45 min 5.000

Mediteran tretman - lavanda, maslinovo ulje i morske alge
Mediterranean treatment - lavender, olive oil & sea algae

45 min 4.100

Limun-trava piling sa ši buterom i makom
Lemon-grass scrub with shea butter & poppy seed

30 min 2.800

Mango fantazija
Mango fantasy

30 min 3.500



ANTI-CELLULITE DETOX ANTICELULIT DETOX



TRETMANI ZA INTENZIVNO ZATEZANJE KOŽE
BODY LIFTING TREATMENTS

Anticelulit masaža

Anti-cellulite massage

30 min 2.400

Anticelulit masaža + pakovanje algama + parna kapsula + Vichy shower

Anti cellulite massage + algae body pack + steam cabin + Vichy shower

50 min 3.600

Intenzivni anticelulit tretman sa koncentratom zelene kafe

Intensive anti-cellulite treatment with green coffee extract

50 min 6.000



STEAM BATH PARNO KUPATILO



Para i toplota parnog kupatila su prava prilika da očistite i nahranite kožu najdragocenijim darovima iz prirode.

Steam bath is perfect opportunity to clean and nourish your skin with the most precious gifts of nature.

Čokolada-pomorandža obloga

Chocolate mask

480

Medno-uljana obloga

Honey & oil mask

280

Eukaliptus-alge obloga

Eucalyptus and algae mask

480

Kakao-buter piling

Cocoa-butter scrub

410

Srebrna jela piling

Silver pine scrub

390

Tamna čokolada piling

Dark chocolate scrub

380

Spermint piling

Spearmint scrub

360

Jasmin piling

The Jasmine scrub

400

Šumsko voće piling

Forest fruits scrub

400

HEALTH COCOON

KAPSULA ZDRAVIJA



ADDITIONAL SERVICES

DODATNE USLUGE



Jedinstveni multifunkcionalni uredjaj širokog spektra delovanja od anti-stres do analgetske terapije, protivupalne... Intenzivna detoksikacija!

Unique multifunctional device with a wide range of effects from anti-stress to analgesic therapy, anti-inflammatory... Intensive detoxification!

Infracrvena sauna (IR) + Vichy tuš
Infra-red sauna (IR) + Vichy shower

20 min 800

Parna kapsula sa Aroma-terapijom + Vichy tuš
Steam cabin with aromatherapy & Vichy shower

20 min 800

IR sauna + Vichy tuš sa vibromasažom + parna kapsula sa aromaterapijom
IR sauna + Vichy shower with vibrational massage + Steam cabin with Aroma Therapy

30 min 1.500

neoQi

NEKA VAŠA LEPOTA BUDE POTPUNA!
FINAL TOUCH FOR YOUR BEAUTY!

Profesionalno šminkanje
Professional Make-up

30 - 40 min 2.500

Korekcija obrva
Eyebrow correction

10 min 400

Depilacija nausnica
Upper lip hair removal

10 min 400

Lakiranje noktiju
Nail polish

15 min 400

Parafinsko pakovanje
Paraffin hand spa

15 min 500

Pedikir
Pedicure

60 min 3.000

Manikir
Manicure

45 min 2.000

Trajni lak
Gel nail polish

+15 min 1.000



KORIŠĆENJE SADRŽAJA ZA VANHOTELSKJE GOSTE

obavezna najava termina

USE OF SERVICES FOR NON-HOTEL GUESTS

services should be booked in advance

Inspirium ulaznica za odrasle (bazen, fitnes, sauna)

Inspirium adult day pass (swimming pool, gym, saunas) 3 h 1.500

Inspirium ulaznica za decu (5-16 godina starosti)*

Inspirium children's day pass (5-16 years old)* 600

* Uz obavezno prisustvo korisnika Inspirium ulaznice za odrasle.

* Presence of the adult ticket user is required.

Korišćenje bazena za korisnike masaža/tretmana

Use of swimming pool for users of massage/treatment 90 min 800

Fitness sala mesečno članstvo (16 termina)

Gym / per month (16 appointments) 2.600

Fitness centar / dnevna karta

Gym / daily use 2 h 500

Zakup Wellnessa do 2 h (grupa do 40 korisnika)

Rent of Wellness Center / up to 2 hours (max. 40 people) 2 h 35.000

Obavezno osiguranje za vanhotelske Goste korisnike sadržaja / usluga

Necessary insurance for Outside Hotel Guests 30

KORIŠĆENJE SAUNA ZA HOTELSKJE GOSTE

USE OF SAUNAS FOR HOTEL GUESTS

Sauna svet za hotelske goste – doplata na dnevnom nivou

Van sezone / u sezoni

The Sauna world extra charge for hotel guests

Low season / high season 300 / 450

SPORTSKI REKVIZITI - IZNAJMLJIVANJE

SPORT EQUIPMENT - RENT

Bicikla

Bicycle 1 h 300 2 h 500 8 h 1.000

Štapovi za nordijsko hodanje

Nordic walking poles 1 h 200

Korisno je znati:

Hotelski gosti dolaze u velnes centar obučeni u bade mantile iz sobe, a u centru dobijaju peškir.

Zamena bade-mantila se doplaćuje - 600 dinara.

Vanhotelske goste očekuju peškir, papuče (odrasli) i bade mantil (odrasli).

Sve usluge je neophodno rezervisati.

U okviru velnes centra "Inspirium" postoji i "Vital Bar", gde se možete osvežiti uz sveže ceđene i zdrave napitke.

Tu smo da Vam pomognemo da odaberete usluge u skladu sa Vašim potrebama!

Kako je naš velnes centar mesto mira i opuštanja tela i duha, molimo Vas da poštujuete privatnost i komfor drugih gostiju. Kućni bon-ton postoji upravo zbog Vas!

Good to know:

For hotel guests the bathrobe is available in the room.

A towel is provided in the wellness center.

Should you need to replace the bathrobe, an extra charge will occur - 600 RSD.

For non-hotel guests a towel, slippers (adults) and a bathrobe (adults) are provided in the wellness center.

All services need to be booked in advance.

Within the Wellness center there is a "Vital bar", where you can get some freshly squeezed juice and healthy drinks.

We are here to help you choose the services according to your needs!

As our wellness center is a place of peace and relaxation for body, mind and soul, we kindly ask you to respect the privacy and comfort of our other guests.

The wellness etiquette guidelines are created for your pleasant stay with us.



INSPIRIUM WELLNESS CENTAR

Radno vreme od 8 do 22h / petkom, subotom i u sezoni do 23h

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 [Wellness Centar INSPIRIUM](#)

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MONA HOTEL MANAGEMENT