

CLASSIC FACE CARE
ESENCIJALNA
NEGA LICA

Higijenski tretman - klasično čišćenje Hygienic treatment - classical cleansing	90' / 4.000rsd
Kozmetička masaža lica Cosmetic facial massage	20' / 1.000rsd
Instant tretman za oksigenizaciju kože Oxygen Infuion	30' / 1.800rsd
Dodatak: Masaža Add on: Massage	10' / 500rsd



“MONA SUMMER” FACE CARE
MONA PREPORUČENI
LETNJI TRETMANI LICA

Mykonos in Mona / Hidratni tretman sa masažom lica krio kuglama	45' / 2.950rsd
Shake & Shine / Tretman za ishranu i jedrinu kože sa efektom bisernog sjaja	60' / 4.000rsd
Skin Regeneration / Tretman regeneracije zrele kože sa kavijarom	60' / 4.200rsd



INSTANT SELF MADE FACIAL
NAPRAVI SVOJ
TRETMAN

30' / 2.500rsd

Hyaluron & Power

Energy & Vitamins

Lift & Wrinkle

Dodatak / Add on:
Masaža / Massage 10' / 500rsd
Ampula / Ampoule 400rsd

100% ORGANIC FACE CARE
100% ORGANSKI
TRETMANI LICA

PHYT'S
NATURO-ESTHETIQUE

Tretman za ishranu i negu kože 60' / 4.200rsd
EQUILIBRE NOURISHING

Tretman sa kiseonikom za sjaj kože
i uklanjanje tragova umora 60' / 4.800rsd
ENERGY VITAL OXYGENATING

Tretman za intenzivnu 24h hidrataciju 60' / 6.200rsd
AQUA PHYTS HYDRATING FACIAL

Tretman sa prevenciju
i prve znake starenja 60' / 5.900rsd
OLIGO VITAL MINERAL REPLACEMENT

INSPIRIUM
wellness centar

NEGA LICA /
FACE CARE

INSPIRIUM
WELLNESS CENTAR
Hotel Zlatibor Mona
Miladina Pećinara 26, 31315 Zlatibor
Tel: 031/841-190
wellness@monazlatibor.com
www.monawellness.com
www.monazlatibor.com

SHORT BODY TREATMENTS

KRATKI TRETMANI TELA

Pilinz tela (aroma po izboru) Body peelings (aroma of choice)	30' / 1.800rsd
Pakovanja tela (aroma po izboru) Body packs (aroma of choice)	30' / 2.100rsd
Dodatak / Add on: Masaža / Massage	20' / 1.400rsd

MONA AROMATHERAPY – WITH CANDLES MONA AROMATERAPIJE – SA PRIRODNIIM SVEĆAMA

60' / 4.500rsd

“ORIENT FLOWERS” / Aromaterapijska masaža
svećom sa orijentalnim cvećem

“WHITE MUSC” / Aromaterapijska masaža svećom sa
belim mošusom

“ORANGE SUN” / Aromaterapijska masaža svećom sa
aromom cveta pomorandže

“VANILA ISLAND” / Aromaterapijska masaža svećom
sa aromom egzotične vanile

MONA EXPERIENCES – MESSAGES WITH NATURAL WAXES

MONA DOŽIVLJAJI – MASAŽE PRIRODNIIM VOSKOVIMA

55' / 4.300rsd

“MIND FREE” / Masaža voskom sa aromom lavande

“RELEASE BODY” / Masaža voskom sa aromom
zelenog čaja

“ENERGY BALANCE” / Masaža voskom
sa aromom ilang ilanga

“FEED BRAIN” / Masaža voskom sa aromom višnje

“WATERFALL” / Masaža voskom sa aromom jorgovana

“RUNAWAY” / Masaža voskom sa aromom
jasmína i opiuma

MASSAGE DELUXE

LUKSUZNE MASAŽE

Thai Yoga masaža celog tela 90' / 5.500rsd
razgibanost tela – energetski balans – potpuno opuštanje
Thai Yoga full body massage
for body flexibility, energy balance and complete relaxation

Kraljica - masaža celog tela 70' / 5.600rsd
uz istovremenu negu lica
The Queen - full body massage with simultaneous facial care

Kraljevska masaža celog tela u 4 ruke 45' / 5.000rsd
Royal full body four handed massage

Himalaya masaža toplim himalajskim solima 60' / 4.800rsd
Massage with warm Himalayan salts

Inspirium masaža “Medna borovina” 80' / 4.500rsd
Inspirium “Pine Honey” massage

Inspirium masaža 70' / 4.300rsd
Inspirium massage

SUMMER TREAT CARE

LETNJI SPA TRETMANI

Ritual sa kokosovom pulpom,
ši buterom i kakao maskom za telo 90' / 6.200rsd
Coco & Karite with coconut, shea butter and cacao linen

Ritual sa aromama limuna, mandarine,
pomorandže i limunove trave 90' / 4.900rsd
Energisante with citruss

Tropska oaza sa papajom i ananasom 40' / 4.500rsd
Tropical Oasis with pineapple and papaya

SHAPING AND WEIGHT LOSS TREATMENTS

TRETMANI OBLIKOVANJA I MRŠAVLJENJA

“EXPRESS SLIMMING” 30' / 3.000rsd
Tretman tirkiznim perlicama za skidanje masnih naslaga
Treatment with turquoise pearls to remove fat deposits

“DETOX RITUAL” 70' / 5.100rsd
Kombinacija intenzivne detoksikacije sa toplo - hladnim
efektom i izbacivanje viška vode
A combination of intense detoxification with a warm -
cold effect and the ejection of excess water

Anticelulit masaža 30' / 2.400rsd
Anticellulite massage

HEALTH TREATMENTS

ZDRAVSTVENI TRETMANI

“CALCIUM THERAPY” 30' 70' / 2.500, 4.600rsd
Tretman sa masažom za mineralizaciju organizma i
poboljšanje izgleda kože
Treatment with massage for mineralization of the
organism and improvement of the appearance of the skin

“MAGNESIUM THERAPY” 30' 70' / 2.500, 4.600rsd
Tretman sa masažom za smanjenje napetosti mišića i
pozitivan učinak na nervni sistem
Treatment with masage for reducation of muscle
tension and positive effect on the nervous system



MASSAGES

MASAŽE

AYURVEDA



Relax masaža
Relax massage 30' 60' / 2.100, 3.700rsd

Aroma-relax masaža
Aromatic oils relax massage 30' 60' / 2.300, 3.900rsd

Pasivna terapijska trakcija -
Manuelno istezanje celog tela
Passive therapeutic traction -
Manual stretching of the whole body 45' / 3.500rsd

Aroma sense - leđa, lice, glava
Aroma sense - back, face & head 40' / 2.800rsd

Sportska masaža
Sports massage 20' 40' / 2.100, 3.700rsd

Limfna drenaža
Lymph drainage 30' / 2.200rsd

Refleksoterapija stopala
Foot reflexology 30' / 2.500rsd

Dodaci / Add on:

Piling tela (aroma po izboru)
Body peeling (aroma of choice) 20' / 1.000rsd

Pakovanje tela(aroma po izboru)
Body pack (aroma of choice) 20' / 1.400rsd

Holistička masaža
kombinacija više tehnika prilagođenih upravo Vama
Holistic massage
using different techniques adjusted to You 90' / 5.000rsd

Ajurvedska masaža
smirite uznemireno i probudite uspavano: setite se sebe
Ayurvedic massage
calm down the Tensed and awake the Sleeping in You:
remember Yourself 90' / 5.200rsd

Ampuku stomaka
masaža za stimulaciju metabolizma
Ampucoo
stomach massage for stimulation of metabolism 20' / 2.200rsd

Ajurvedska masaža glave
Ayurvedic head massage 20' / 1.400rsd

Masaža glave + ampuku
Ayurvedic head massage & ampucoo 30' / 2.900rsd

Udvertana masaža biljem u ulju
Udvertana full body massage with herbs in oil 40' / 3.400rsd

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NEGA TELA /
BODY CARE

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ADDITIONAL SERVICES

DODATNE USLUGE

Professional Make-up Profesionalno šminkanje	30-40' / 2.800rsd
Korekcija obrva Eyebrow correction	10' / 450rsd
Depilacija nausnica Upper lip hair removal	10' / 450rsd
Lakiranje noktiju Nail polish	15' / 450rsd
Parafinsko pakovanje Paraffin hand spa	15' / 550rsd
Pedikir Pedicure	60' / 3.000rsd
Manikir Manicure	45' / 2.000rsd

NEO – QI

KAPSULA ZDRAVLJA

Jedinstveni multifunkcionalni uređaj širokog spektra delovanja od anti-stres do analgetske terapije, protivupalne... Intenzivna detoksikacija!
Unique multifunctional device with a wide range of effects from anti-stress to analgesic therapy, anti-inflammatory... Intensive detoxification!

Infracrvena sauna (IR) + Vichy tuš / Infra-red sauna (IR) + Vichy shower 20' / 900rsd

Parna kapsula sa Aroma-terapijom + Vichy tuš / Steam cabin with aromatherapy + Vichy shower 20' 900rsd

IR sauna + Vichy tuš sa vibromasažom + parna kapsula sa aromaterapijom / IR sauna + Vichy shower with vibrational massage + Steam cabin with Aroma Therapy 30' / 1.600rsd

STEAM BATH – PROGRAMS PARNO KUPATILO – PROGRAMI

Para i toplota saune su prava prilika da očistite i nahranite kožu najdragocenijim darovima iz prirode.
Sauna time is perfect opportunity to clean and nourish your skin with the most precious gifts of nature.

Čokolada - pomorandža obloga / Chocolate-Orange mask	500rsd
Medno - uljana obloga / Honey and oil mask	300rsd
Kakao-buter piling / Cocoa-butter scrub	450rsd
Tamna čokolada piling / Dark chocolate scrub	380rsd
Spermint piling / Spearmint scrub	360rsd
Jasmin piling / Jasmine scrub	400rsd
Jasmin pakovanje / Jasmine mask	500rsd

USE OF SAUNAS FOR HOTEL GUESTS

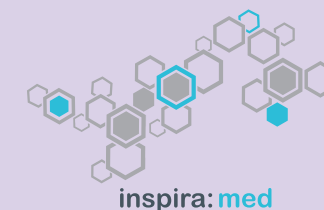
KORIŠĆENJE SAUNA ZA HOTELSKE GOSTE

Sauna svet za hotelske goste - doplata na dnevnom nivou /
The Sauna world extra charge for hotel guests
Van sezone / Low season 300rsd
U sezoni / High season 450rsd

MEDICAL FACIAL TREATMENTS

MEDICINSKI TRETMANI LICA

Tretman dubinskog čišćenja sa voćnim kiselinama Deep Cleansing fruit acids treatment	60' 4.800rsd
Tretman jačanja osetljive kože Desenzibilization treatment	60' / 4.800rsd
Tretman očuvanja mladosti Youth Preserve treatment	60' / 5.200rsd
Tretman za kožu sa flekama i hiperpigmentacijama Fair Complexion treatment	60' / 4.900rsd
Tretman za preoblikovanje kontura i popravljjanje tonusa kože Contour Lift treatment	60' / 5.500rsd
Tretman sa vitaminom A (retinolom) i peptidima bakra Advanced Lift Therapy treatment	60' / 6.500rsd
Tretman za oporavak kože BI Phase Neurogenetics Recovery Skin treatment	60' / 6.000rsd



USE OF SERVICES FOR NON HOTEL GUESTS

(services should be booked in advance)

KORIŠĆENJE SADRŽAJA ZA VANHOTELSKE GOSTE (obavezna najava termina)

Inspirium ulaznica za odrasle (bazen, fitnes, saune) **3h / 1.800rsd**

Inspirium adult day pass
(swimming pool, jacuzzi, gym, saunas)

Inspirium ulaznica za decu (5-16 godina starosti)* **600rsd**

Inspirium children's day pass (5-16 years old)*

** Uz obavezno prisustvo korisnika Inspirium
ulaznice za odrasle.*

** Presence of the adult ticket user is required.*

Korišćenje bazena za korisnike masaža/tretmana **90' / 800rsd**

Use of swimming pool for users of
massage/treatment

Fitnes sala / mesečno članstvo (16 termina) **3.600rsd**

Gym / per month (16 appointments)

Fitnes centar / dnevna karta (do 2 sata) **500rsd**

Gym / dailyuse (up to 2 hours)

Zakup Wellnessa do 2h (grupa do 40 korisnika) **35.000rsd**

Rent of Wellness Center up to 2 hours
(max. 40 people)

Obavezno osiguranje za vanhotelske 30rsd
goste korisnike sadržaja/usluga
Insurance for non-hotel guests is obligatory

KORISNO JE ZNATI

- Hotelski gosti dolaze u velnes centar obučeni u bade mantile iz sobe, a u centru dobijaju peškiri.
- Zamena bade-mantila se doplaćuje - 600rsd.
- Vanhotelske goste očekuju peškiri, papuče (odrasli) i bade mantil (odrasli).
- Sve usluge je neophodno rezervirati.
- U okviru velnes centra "Inspirium" postoji i "Vital Bar", gde se možete osvežiti uz sveže ceđene i zdrave napitke.
- Tu smo da Vam pomognemo da odaberete usluge u skladu sa Vašim potrebama!
- Kako je naš velnes centar mesto mira i opuštanja tela i duha, molimo Vas da poštujete privatnost i komfor drugih gostiju. Kućni bon-ton postoji upravo zbog Vas!

GOOD TO KNOW

- For hotel guests the bathrobe is available in the room. A towel is provided in the wellness center.
- Should you need to replace the bathrobe, an extra charge will occur - 600 RSD.
- For non-hotel guests a towel, slippers (adults) and a bathrobe (adults) are provided in the wellness center.
- All services need to be booked in advance.
- Within the Wellness center there is a "Vital bar", where you can get some freshly squeezed juice and healthy drinks.
- We are here to help you choose the services according to your needs!
- As our wellness center is a place of peace and relaxation for body, mind and soul, we kindly ask you to respect the privacy and comfort of our other guests. The wellness etiquette guidelines are created for your pleasant stay with us.

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